



ST. VRAIN

PARENT UNIVERSITY

Providing training, information, and resources to parents and caregivers to support the well-being and success of their children.

Join Us For Our Next Session: Growing Up in Public

St. Vrain families are invited to attend the presentation, "Growing up in Public" by national bestselling author and global speaker Devorah Heitner, PhD.

Event Details:

March 6, 5-6:30 p.m.

Frederick High School, 5690 Tipple Pkwy.

If you've ever said "I'm so glad my teenage years weren't shared for the world to see," this talk is for you!



With social media and constant connection, the boundaries of privacy for children are stretched thin. Growing Up in Public shows parents how to help tweens and teens navigate boundaries, identity, privacy, and reputation in their digital world. Parents can expect practical insights into effectively navigating the digital world with their children.

About the Presenter:

Dr. Devorah Heitner is the author of Growing Up in Public: Coming of Age in a Digital World and Screenwise: Helping Kids Thrive (and Survive) in Their Digital World.



Her work has appeared in the New York Times, The Washington Post, The Wall Street Journal, and CNN Opinion. She has a Ph.D. in Media/Technology & Society from Northwestern University and has taught at DePaul and Northwestern.

Learn More:

Parent University classes partner with internal district departments, academic institutions, community organizations, and other agencies to provide resources and information in areas such as safety, life skills, academic development, and financial literacy.

Visit stvra.in/parentuniversity or scan the QR code to register and learn about upcoming events.

