

Sophia Kruse: *The Relationship Between Self Esteem and Social Role*

In recent times, the occurrence of low self-esteem in the United States has grown to effect approximately 85% of all American adolescents.

Previous research has shown a link between the self-esteem levels of adolescents who are leaders of a group versus followers (leaders having higher self-esteem and followers having lower self-esteem).

This finding from the pre-existing research sparked the goal of this study: to determine if there is a correlation between an adolescent's self-esteem level and their social role within a group.

To determine each participant's social role and self-esteem level a quantitative questionnaire was used, including adaptations of questions from the pre-validated Rosenberg Self-Esteem scale to access each individual's self-esteem level. To establish if there was a correlation between social role and self-esteem level, quantitative analysis was done on the survey results.

It was concluded that for seven of the eight social roles, there was a strong relationship to one general self-esteem level, providing convincing evidence of an existing correlation.